eliminating racism
empowering women
ywca
Northern New Jersey

YWCA NORTHERN NEW JERSEY
Operation Sisterhood
Supporting the journey beyond service

For over a century, YWCANNJ has been at the forefront of the fight against gender and racial discrimination, championing equity and empowerment across communities. Through trauma-informed care for sexual violence survivors, transformative workforce development, advocacy initiatives, affordable childcare, and enriching senior wellness programs we continue to make a lasting impact—building a more just and inclusive future for all.

Collective data has shown that reentering civilian life poses more significant challenges and barriers for women veterans compared to their male counterparts. From accessing adequate care to navigating financial instability, their transition is often compounded by gender-specific obstacles. Additionally, military families tend to form deep connections through shared experiences—bonds that are rarely understood by the broader public—making the shift to civilian life even more isolating.

Obstacles women veterans face daily:

- High levels of unemployment
- Mental Health
- PTSD
- Suicide ideations and attempts
- Financial distress
- Sexual trauma, harassment & assault

YWCA Operation Sisterhood supports women veterans in Bergen, Essex, Hudson, Morris and Passaic Counties.

Our support services include:

- Case Management
- Resource Connections
- Workforce Development
- Entrepreneurship Training
- Counseling services for sexual violence survivors
- Mentorship

Some of the YWCA Northern New Jersey programs that work in conjunction with Operation Sisterhood include:

HEALINGSPACE

Bergen County's designated Sexual Violence Resource Center offers 24/7 support services for anyone impacted by sexual violence including individual and group counseling, and medical and legal accompaniments.

YW WOMEN OF THE WORKFORCE

Helping women break barriers, build confidence, and achieve economic independence through coaching, training, mentorship, and resources to advance careers, launch businesses, and know their workplace rights.

YW WE360 BUSINESS ESSENTIALS

A business development program designed to support women entrepreneurs launch and grow a business. Professional coaches and entrepreneurs share their skills, tools, and resources to put women on a path towards success.

FOR MORE INFORMATION CONTACT: operationsisterhood@ywcannj.org