

## Frequently Asked Questions YWCAMPS – Aquatics

\*Boating at YWCAMP@Mahwah only



### What does aquatics entail?

We will be boating in the morning and doing swim lessons in the afternoon.

### What does boating entail?

The children will either be in a rowboat with a few other children and a counselor or if they pass a swim test and a boating test then they may choose to boat in a kayak as well.

### What is the Swimming test?

Your child will have to swim about 50 yards front crawl, 50 yards back crawl, tread water for 30 seconds and float on their back for 30 seconds.

### What is the boating test?

Your child will start in a kayak. They will then tip themselves over into the water. They then must lift the nose of the kayak out of the water to a lifeguard (who is in the water next to them) and the lifeguard will right side up the kayak. The lifeguard will then hold the kayak steady while your child pulls themselves up and into the boat sitting correctly.

### What do swim lessons entail?

Children will be broken down into four different swim groups. These groups range from absolute beginners to those who know refining strokes and they will be taught more obscure and advanced strokes such as butterfly and sidestroke.

### How can you tell which level my child will be?

Each week, children will be tested to see which level they will be placed based on their current skill level. Campers will have the opportunity to move levels throughout the summer.

### What is the ratio for swim lessons?

We maintain at most a 1-10 ratio.

### Are there changing areas?

Yes, there are changing areas near the swim area.

### How long are swimming and boating sessions?

A session for each group would be about 45 minutes for both swimming and boating to allow for proper set up along with drying off/changing before going to the next activity.

\*YWCAMP@Mahwah has a [natural lake](#) that the campers use for swimming and boating. Swimming lessons occur, weather permitting.



### If I have any specific questions, who can I ask?

You can contact the Summer Camp Directors at:

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