

## SAP Monthly Curriculum

\*Activities will be added as the year goes on



Month	Theme	Activities
September	GET MOVING!	<ul style="list-style-type: none"> <li>• Obstacle Course</li> <li>• Jump Rope Challenge</li> <li>• Rocket Challenge</li> <li>• Find a Friend Who ... Game</li> </ul>
October	STEM	<ul style="list-style-type: none"> <li>• Lego Challenge</li> <li>• Candy – Sink or Float Activity</li> <li>• FULL-SIZE Monster Project</li> <li>• Sensory Boxes</li> <li>• Lava Lamps</li> </ul>
November	THANKFUL	<ul style="list-style-type: none"> <li>• Thank you cards for</li> <li>• Clothing Drive</li> <li>• Thanksgiving Day Mats</li> <li>• Caring Kids Project</li> </ul>
December	AROUND THE WORLD	<ul style="list-style-type: none"> <li>• International Day - Bring in a snack that represents your culture.</li> <li>• One AFTER CARE – Many Cultures Project</li> </ul>
January	DIVERSITY	<ul style="list-style-type: none"> <li>• I Have a Dream Project</li> <li>• Inventions Project</li> <li>• Tree of Hands project</li> <li>• WE all fit together project</li> </ul>
February	LOVE	<ul style="list-style-type: none"> <li>• Valentine’s Day Cards</li> <li>• Black History Month</li> </ul>
March	MINDFULNESS	<ul style="list-style-type: none"> <li>• Read Across America Projects</li> <li>• Equity Projects – Racial Justice Challenge</li> </ul>
April	GO GREEN	<ul style="list-style-type: none"> <li>• Recycling project</li> <li>• Garden Working with Lana</li> <li>• Nature Walk Scavenger Hunt</li> </ul>
May	MEMORIAL	<ul style="list-style-type: none"> <li>• Veterans Day Project</li> <li>• Magnificent Women Project – Mother’s Day Project</li> <li>• Food Drive</li> </ul>
June	JUMP INTO SUMMER	<ul style="list-style-type: none"> <li>• Juneteenth Project</li> <li>• Jump into summer activity, water balloon toss.</li> <li>• End of the year Dance Party</li> </ul>

**eliminating racism  
empowering women**

**ywca**

**Northern New Jersey**

# After Care Daily Schedule

\*Schedule subject to change

## Dismissal -3:15 –Children Arrive

- Check-In/Attendance
- Head Counts
- Afternoon Meeting

## 3:15- 3:30 – Bathroom/Handwashing

- Snack (provided by the **YWCA NNJ**)

## 3:30-4:15 – Program Centers (choice)

- Arts & Crafts
- Blocks/ Building
- Imaginary Play
- Tabletop Games
- STEM
- **HOMEWORK TIME (Contract signed by Child, Parents and Staff)**



## 4:15- 4:20 – Bathroom/Handwashing

## 4:20-5:30 – Playground/ Gym Time

## 5:30-5:35- Handwashing

## 5:35-6:30 Program Centers (choice)

- Arts & Crafts
- Board Games
- Blocks/ Building
- Imaginary Play
- Tabletop Games

## 6:30-7:00 – Wrap Up/Cleanup

- Sanitizing of supplies and toys



**\*All children must be signed out by their pickup time and by an adult who is 18 years or older.**

**All year long we have a variety of activities that help children develop their emotional, physical, and social skills. Each month we will focus on a theme to encourage our friends to learn from each other, build friendships, experience new things, and most important HAVE FUN!**

