

SAP Camp Weekly Themes Summer 2023



Weeks	Theme	Activities
Week 1 6-26-22 6-30-22	Wild Wild West	<ul style="list-style-type: none"> Welcome to Camp Tastebud Tuesday – Cowboy Hat and Snack Horseback Racing and Bees Workshop 6/27 Rodeo Day Ice Cream Social
Week 2 7-3-22 7-7-22	Stars and Stripes	<ul style="list-style-type: none"> 7-3 & 7-4 Camp Closed Red, White and Blue Day Stars Wars Day Hero Day
Week 3 7-10-22 7-14-22	Olympics	<ul style="list-style-type: none"> Superhero Day Olympics Day 1 Olympics Day 2 Olympics Day 3 Jersey Day
Week 4 7-17-22 7-21-22	Wellness	<ul style="list-style-type: none"> Camper Helping Campers Nutrition Tuesday Mindfulness Wednesday Anti-Bullying Magic Show Camp BBQ
Week 5 7-24-22 7-28-22	Rainforest	<ul style="list-style-type: none"> Leap Frog Challenge Go Green Day & Plant Workshop 7/25 Water Cycle Stem Project Rizzo's Reptiles Parrot Partners Project
Week 6 7-31-22 8-4-22	Lights, Camera, Action	<ul style="list-style-type: none"> Talent Show Prep Karaoke Jam Charades Challenge Dress Rehearsal Talent Show
Week 7 8-7-22 8-11-22	Spirit	<ul style="list-style-type: none"> Crazy Socks Crazy Hat Disney Day Halloween Carnival & Camp Spirit Day
Week 8 8-14-22 8-18-22 Mahwah Only	Around the World	<ul style="list-style-type: none"> Passport to Camp Fiesta Day Pokémon & Candy Sushi Bollywood International Day
Week 9 8-21-22 8-25-22 Mahwah Only	Explorer	<ul style="list-style-type: none"> Under the Sea Scavenger Hunt Dino Dig Space Exploration End of the Summer

Summer Camp Daily Schedule

*Schedule subject to change

8:30 - Drop off - Campers Arrive

- Check-In/Attendance
- Head Counts
- Morning Meeting/Announcements

9:00- 12:00 – Rotation of Activities

- Archery (Mahwah only)
- Arts & Crafts
- Boating (Mahwah only)
- Fishing (Mahwah only)
- Music & Drama
- Playground (Dumont only)
- Sports
- STEM
- Swim (Dumont only in the morning)
- Yoga



12:00- 12:30 – Lunch (Brown Bag Lunches)

Pizza Fridays will be available for purchase

- Bathroom and Handwashing

12:45-4:00 – Rotation of Activities

- Archery (Mahwah only)
- Arts & Crafts
- Boating (Mahwah only)
- Fishing (Mahwah only)
- Music & Drama
- Playground (Dumont only)
- Sports
- STEM
- Swim (Mahwah only in the afternoon)
- Yoga



4:00- 4:30 – Snack (provided by the **YWCA NNJ**)

- Bathroom and Handwashing
- Afternoon Meeting/Announcements

4:30-5:00 – Dismissal/ Boarding of the Buses

***All children must be signed out by their pickup time and by an adult who is 18 years or older.**

All summer long we have a variety of activities that help children develop their emotional, physical, and social skills. Each week we will focus on a theme to encourage our friends to learn from each other, build friendships, experience new things, and most important HAVE FUN!

eliminating racism
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Northern New Jersey

YWCAMPs Daily Checklist

- Brown Bag Lunch (Nut Free)**
- Swim Items** (we suggest your child be dressed for swim prior to getting to camp)
 - Bathing Suit**
 - Towel**
 - Change of Clothes**
 - Flip Flops/Water Shoes**
 - Bag for Wet Items**
 - Goggles**
- Sneakers/Closed toe sandals**
- Sunscreen**
- Bug spray**
- Refillable Water Bottles**
- Medications (If Applicable)**
- Camp Shirts on MONDAYS!**



***Please remember to LABEL all belongings!**