

SAP Monthly Curriculum 22-23

*Activities will be added as the year goes on



Month	Theme	Activities
September	GET MOVING!	<ul style="list-style-type: none"> • Obstacle Course • Jump Rope Challenge • Rocket Challenge • Find a Friend Who ... Game
October	STEM	<ul style="list-style-type: none"> • Lego Challenge • Candy – Sink or Float Activity • FULL-SIZE Monster Project • Sensory Boxes • Lava Lamps
November	THANKFUL	<ul style="list-style-type: none"> • Thank you cards for Teachers • Clothing Drive • Thanksgiving Day Mats • Caring Kids Project
December	AROUND THE WORLD	<ul style="list-style-type: none"> • International Day - Bring in a snack that represents your culture • Speaker/ Dance performance • One AFTER CARE – Many Cultures Project
January	DIVERSITY	<ul style="list-style-type: none"> • I Have a Dream Project • Inventions Project • Tree of Hands project • WE all fit together project
February	LOVE	<ul style="list-style-type: none"> • Valentine’s Day Cards • I Love my Hero Project • What I Love about Me
March	MINDFULNESS	<ul style="list-style-type: none"> • YOGA • Anti- Bullying Magic Show • Create a vision board collage • Bubble Breathing
April	GO GREEN	<ul style="list-style-type: none"> • Recycling project • Earth day project – Planting Flowers and using Observation Journal • Garden Working with Lana • Virtual Farm Field Trip • Nature Walk Scavenger Hunt
May	MEMORIAL	<ul style="list-style-type: none"> • Veterans Day Project • Magnificent Women Project – Mother’s Day Project • Food Drive
June	JUMP INTO SUMMER	<ul style="list-style-type: none"> • Juneteenth Project • Jump into summer activity, water balloon toss • End of the year the Dance Party

**eliminating racism
empowering women**

ywca

Northern New Jersey

After Care Daily Schedule

*Schedule subject to change

Dismissal -3:15 –Children Arrive

- Check-In/Attendance
- Head Counts
- Afternoon Meeting

3:15- 3:30 – Bathroom/Handwashing

- Snack (provided by the **YWCA NNJ**)

3:30-4:15 – Program Centers (choice)

- Arts & Crafts
- Blocks/ Building
- Imaginary Play
- Tabletop Games
- STEM
- **HOMEWORK TIME (Contract signed by Child, Parents and Staff)**



4:15- 4:20 – Bathroom/Handwashing

4:20-5:30 – Playground/ Gym Time

5:30-5:35- Handwashing

5:35-6:30 Program Centers (choice)

- Arts & Crafts
- Board Games
- Blocks/ Building
- Imaginary Play
- Tabletop Games

6:30-7:00 – Wrap Up/Cleanup

- Sanitizing of supplies and toys



***All children must be signed out by their pickup time and by an adult who is 18 years or older.**

All year long we have a variety of activities that help children develop their emotional, physical, and social skills. Each month we will focus on a theme to encourage our friends to learn from each other, build friendships, experience new things, and most important HAVE FUN!

