YWCA Northern New Jersey’s healingSPACE, Bergen County’s only sexual violence resource center, can offer your school district support through remote and in-person learning opportunities. Our highly qualified team can provide Prevention & Education training and workshops to your administrators, teachers, and students.

All of our interactive workshops are adaptable to accommodate your schools specific needs.

Available Prevention & Education workshops include:

**PREVENTION**

**MEDIA LITERACY** (Seven Dose Workshop)
Learn how to critically evaluate the media’s influences on our understanding of sexual violence and harassment.

**Bystander Intervention** (One Dose Workshop)
Understand the definition of what a bystander is and how to safely intervene or assist someone in need of help.

**Human Trafficking** (One Dose Workshop)
Provides an overview of human trafficking with an emphasis on Domestic Minor Sex Trafficking.

**My Life My Choice** (Ten Dose Workshop)
Empowers girls (ages 12 to 18) by facilitating conversations about real world issues; provides information about the commercial sex industry and how to protect oneself and others from exploitation.

**EDUCATION**

**Sexual Violence 101** (One Dose Workshop)
Provides an overview of the sexual violence continuum, consent, and related New Jersey state laws, along with resources available to those affected by sexual violence.

**Healthy/Unhealthy Relationships** (One Dose Workshop)
Identify relationship boundaries and understand the differences between healthy and unhealthy relationships.

**Internet and Social Media Safety** (One Dose Workshop)
Understand dangers associated with the Internet and social media; teaches how to protect oneself from online predators; offers resources and reporting options for survivors.

**Affirmative Consent** (One Dose Workshop)
Understand the definition of affirmative consent and relevant NJ laws through discussion-provoking scenarios.

**Digital Abuse** (One Dose Workshop)
Learn about digital abuse, including sexting, and what to do if oneself or others experience digital abuse.

Our team is happy to work with you to customize this educational experience. Please contact Dana at dana@ywcannj.org or call 201-881-1754 with any questions.