

**Dear YWCA Friends and Supporters,**

YWCA Bergen County understands the difficulties our community faced last year because we lived them right along with you. It was a challenging year on several fronts, as the effects of an uncertain economy continued to create job instability and financial stress. This led many of us to closely monitor everything from our shopping habits and travel plans to our child care and self-care choices.

Amidst these challenges, our YWCA remained dedicated to providing quality programs and services that are relevant, affordable and foster our mission of eliminating racism and empowering women. This was no easy task: for the third year in a row we saw funding from contributions, grants and fee-based revenue decline while demand for financial assistance grew. By maintaining a fiscally sound organization and seeking opportunities to work with community partners and local businesses, we were able to continue to make a difference in the lives of thousands:

- More than 1,600 children benefited from our swim lessons, and through a new partnership with Make a Splash we are providing underserved children with the chance to learn this valuable lifesaving skill.
- Our Early Learning programs, Before and After School programs and summer camps empowered 1,800 parents by giving them the peace of mind of knowing their children were safe and happy.
- Our Special Swim program continued to improve the fitness, socialization skills and self-esteem of 80 adults and children with special needs
- The launch of our Rape Crisis Center's Green Dot primary prevention program at Ramapo College empowered young men and women to intervene in both high risk and low risk situations to prevent personal violence.
- We raised community awareness about racism through a year-long series of events, including an evening with acclaimed author Rebecca Skloot (*The Immortal Life of Henrietta Lacks*) and our third annual Stand Against Racism.

We also experienced a leadership change. With the departure of Monica Roers midway through the fiscal year, the board of directors embarked on an extensive executive search and in late June welcomed Helen Archontou, MSW, LSW, as CEO. Helen's experience in leading non-profit organizations and advocacy on behalf of children and families firmly positions her to guide the YWCA in continuing the important work we are doing while evolving our services to meet the changing needs of our community.

Thanks to the generosity and commitment of our members, donors and volunteers, we have remained resilient and focused on serving the women, girls and families of Bergen County. Because of you, we are inspired and determined to become an even more vital community resource—and to empower us all to work together to build a brighter future.

**Nisha Cordero**  
President, Board of Directors

**Helen Archontou, MSW, LSW**  
Chief Executive Officer

### Early Childhood & School Age Programs

- Provided full-day child care to 138 children in the YWCA Early Learning Center.
- Provided academic programs to 141 children in three YWCA nursery schools.
- Provided 129 children with enrichment classes in the Fun For Kids program.
- Provided before and after school supervision for 1,149 youngsters in 22 and 24 program sites respectively throughout Bergen County.
- Served 710 campers at four summer camps located in Dumont, Ridgewood, and Saddle River, NJ, and Harriman, NY.
- Enabled 1,822 working parents to pursue their professional and economic goals, knowing that their children were well cared for while they were at work.
- Provided \$95,119 in financial assistance to 86 child care, camp, and program participants.

### Aquatics

- Provided American Red Cross swimming lessons to 1,642 swimmers age 17 and under and to 140 adults.
- Provided therapeutic and rehabilitation programs to 84 participants in aqua-therapy and arthritis classes.

### Fitness & Dance

- 256 adults and 199 seniors improved their health and fitness in YWCA Body Shop, exercise, and aqua-fitness programs.
- Provided dance instruction to 121 aspiring ballerinas and judo instruction to 60 children.
- Enabled 1,014 members of the Bolger Fitness Center to maintain exercise and weight training regimens designed to keep them fit and healthy.

### Special Needs Programs

- Provided 82 mentally and physically challenged individuals from six months to adulthood with adapted swimming and sports programs.

### Community Enrichment & Support

- Newcomers Club welcomed 193 new residents and their families to the community and provided programs to help them forge new relationships.
- Women for Sobriety, a self-help network for women with addictions, provided support to an average of 20 individuals each week.

### Rape Crisis Center

- Provided 24/7 crisis intervention to 880 callers on the rape crisis hotline and served 307 victims and 152 significant others.
- Accompanied 118 individuals who were sexually assaulted or abused to hospitals, emergency rooms, law enforcement agencies, and/or legal proceedings.
- Presented 240 educational programs aimed at preventing sexual violence to 5,078 students and professional adults throughout Northern New Jersey.

### Tribute to Women and INdustry (TWIN)

- Honored 26 women for their professional achievements and the 20 companies that supported their career advancement.
- Since 1974, TWIN has honored 1,858 women and 219 corporations throughout Bergen, Essex, Hudson, and Passaic Counties in NJ and Rockland County in NY.



The SEAS sailing certification program at Camp Ma-Kee-Ya was one of several new additions to the YW's summer camp programs, which served over 700 youngsters at four locations throughout Bergen County.



Our YW became a "Zumba® Zone" for several Girl Scout troops, who were empowered by the music, dance moves and motivation of our Zumba Girls program.



Five area high schools joined the YWCA Rape Crisis Center in raising awareness about consent and healthy relationships during Denim Day 2011. Students and faculty at Lyndhurst HS hung a collection of jeans, embellished with empowerment messages, near the school's main entrance.

# The YWCA Bergen County acknowledges and thanks the following donors for their generous support:

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Cytec Industries Inc.  
Lillian Pitkin Schenck Fund  
Newcomers Club of Ridgewood

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- B** 2010 - 2011 Member, Board of Directors
- S** 2010 - 2011 Staff
- V** 2010 - 2011 Volunteer

## BUILDER CONT.

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## IN HONOR OF

<b>In Honor of Alice Becker</b> Alyssa Becker	<b>In Honor of Monica Roers</b> <b>V</b> Pamela Averso <b>V</b> Susan Borea Sylvia Goldmann <b>S</b> Donna Gould Dr. Judith Hayles
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<b>B</b> Nancy Passow	

## IN MEMORY OF

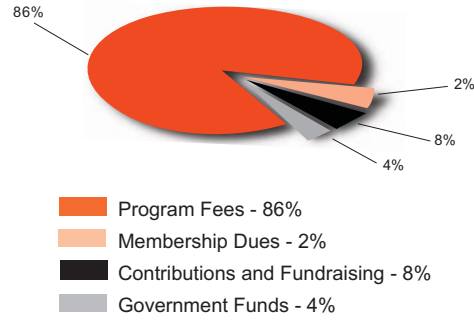
**In Memory of Richard Gilsenan, Jr.**  
Gladys Gilsenan

**Christina Josette Marie Zisa Scholarship**  
Eleanor and Rosario Zisa  
Franco Zisa  
Gian Zisa

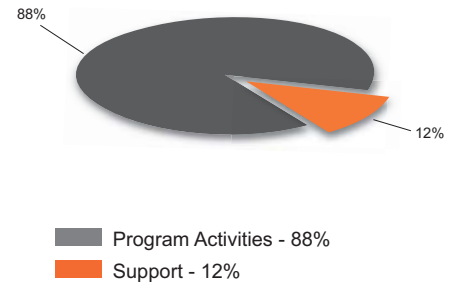
# TREASURER'S REPORT

July 1, 2010 - June 30, 2011

## Income - Revenue \$7.8 Million



## Expenses



## STATEMENT OF FUND BALANCES

Endowment Fund (Market Value) .....	\$1,360,748
Remington Fund (Market Value) .....	\$ 156,313
Designated Funds .....	\$ 1,524,650

## BOARD OF DIRECTORS

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## YWCA MISSION

YWCA Bergen County is dedicated to eliminating racism, empowering women, and promoting peace, justice, freedom, and dignity for all.

## WHO WE ARE

We are the area's largest provider of child care services, a recognized leader in health and fitness programs, and operator of the county's only Rape Crisis Center. Celebrating nearly a century of commitment to our community, today we improve the lives of thousands of women, girls, and their families.

visit us at [www.ywcabergencounty.org](http://www.ywcabergencounty.org)



The YW's Walk-Fit classes have become a popular destination for women of all ages and fitness levels—proof that walking really is the best exercise!



Our Early Childhood programs provided endless opportunities for more than 270 children to learn, grow, and have fun.

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eliminating racism  
 empowering women  
**YWCA**  
 bergen county  
 112 Oak Street, Ridgewood, NJ 07450